

Energy Synchronization courses **By Dr. Mike Dahlstrom**

Finally, the Covid situation seems to have eased off and we can once again start to offer courses and meet up as we used to.

So finally, I am happy to be able to invite you to some very special courses and learning. These courses will forever change the way you think about healing of the body; how our body actually works; how old patterns and fear can affect us as people, instructors or therapists.

I will during these courses, teach you how we are affected by stress, faulty patterns and how our thoughts effect us and so much more.

You will learn to synchronize the left and right brain hemispheres, which, is extremely important when it comes to achieving long lasting effects.

Stress and or trauma, cause imbalance in our body. They simply shut down functions that are not related to survival. This natural defense is useful and crucial for our survival when there is an incident or danger but sometimes this imbalance remains long after the situation occurred and will continue to cause problems on many levels in our body unless addressed correctly.

Our Energy Synchronization courses are a unique combination of western philosophies and medicine. They use a combination of different techniques which I have acquired over the 28 years of practice and have been proven to be very effective in my professional career.

In these exclusive courses, I will teach you some truly excellent techniques that will not only help you but also transform your clients, patients, students and friends lives in a way you never thought possible.

There are 4 different courses:

- Course 1: Energy Synchronization – Basic
- Course 2: Energy Synchronization – Advanced
- Course 3: Energy Synchronization – PSYCH-K (Psychological Kinesiology)
- Course 4: Energy Synchronization therapy – EST (Energy Synchronization Therapy)

Each course has a fixed structure but is custom-made, depending on the demands of the group of students.

Each course is taught over one weekend; Saturdays and Sundays 10am till 4pm.
Cost: 300€ per course

General course contents:

Course 1 - Energy Synchronization - Basic

For who?

For you that is interested in learning about how our bodies function and how you can synchronize energy in your body and/or help others find inner balance.

For example; Yoga teachers/instructors, Yoga participants, Massage therapists

Prerequisites: none. This course is for everybody who wants to know what energy is and how to synchronize it.

Content:

- Understanding our body, the amazing machine
- Specific techniques to synchronize energy, with for example Meridian massage
- Specific techniques to calibrate and re-align the body, Neurological calibration

Duration: 1 Weekend (Saturday and Sunday 10am till 4pm.)

Next course: April 2nd and 3rd 2022

Venue: Naturaclass, Camino de la Condesa 3, Fuengirola (50 meters from the bull ring)

Reserve your place by sending an e-mail to: Mike@sweqino.com

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Course 2 - Energy Synchronization – Advanced

For who?

For you who is interested in learning about how to apply these techniques into a more professional environment like treating clients, partners, friends. Etc...

Prerequisites: It is advisable to have done course 1 – basic, but not required.

Content:

- Insight in a different level of how healing the body
- Extra techniques for synchronizing energy. For example:
 - o 2 forms of Atlas release
 - o Eye movement therapy
 - o Cranio-Sacral Technique

Duration: 1 Weekend (Saturday and Sunday 10am till 4pm.)

Next course: April 23rd and 24th
Venue: Naturaclass, Camino de la Condesa 3, Fuengirola (50 meters from the bull ring)
Reserve your place by sending an e-mail to: Mike@Sweqino.com

Course 3 - Energy Synchronization - PSYCH-K

For who?

For people who work with clients in a much deeper way. This seminar teaches you to heal people from earlier traumas.

Prerequisites: It is advisable to have done at least energy synchronization – Basic or Advanced, or both, but it's not required.

Content:

This weekend, I will teach you the technique that Dr Bruce Lipton recommends to re-write faulty patterns on your subconscious mind. We find a way into the brain, find where the blockage is and then help the body to facilitate healing.

Duration: 1 Weekend (Saturday and Sunday 10am till 4pm.)

Next course: May 21st and 22nd
Venue: Naturaclass, Camino de la Condesa 3, Fuengirola (50 meters from the bull ring)
Reserve your place by sending an e-mail to: Mike@Sweqino.com

If you are a therapist, we also offer a third day with more advanced techniques, but this is only offered to professional therapists.

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Course 4 - Energy Synchronization Therapy – EST

For who?

As with PSYCH-K, For you, that really want to work with clients in a much deeper way, how to heal people from earlier traumas, including negative energy/blockages from earlier and previous lives.

Prerequisites: It is advisable to have done at least one or two previous levels of energy synchronization.

Content:

This course is designed by myself and is not offered anywhere else in the world.

EST is a non-forceful, energy balancing technique used to help re-establish the full healing potential of the body. The technique looks very different and will help your body (subconscious mind) to understand the problem and then solve the issue. Healing comes from within and here I will teach you how to tap into this source.

You can only guide the individual into health. A technique that promises fantastic results, and looks completely different than anything you've ever seen before. In this course I make you look 'outside the box' to healing methods which can't be explained medically, but WORK.

During this weekend there are usually an enormous number of personal "breakthroughs"; many wounds are opened and healed, many tears and bad memories may surface, but a lot more laughter and joy will be the result of the healing .

Embrace a new life and a new future!

Duration: 1 Weekend (Saturday and Sunday 10am till 4pm.)

Next course: (date)

Venue:

Reserve your place by sending an e-mail to: Mike@Sweqino.com

Treatments:

Book appointment: In order to book a one on one session, you can call or text me:

WhatsApp. +46 707 99 66 36 or to my Spanish number (NOT WhatsApp): 656 82 66 18

Prices:

First treatment (approx. 60 min) - € 75)

Follow up treatments - € 60

That's all for now, if you have any questions or want to attend one of our live courses please contact me at Mike@Sweqino.com or on WhatsApp at +46 707 99 66 36, OR my Spanish phone: 656 82 66 18.

The possibilities are endless...

See you soon.